



# Finally Free: Fighting for Purity with the Power of Grace

By Heath Lambert

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## Finally Free: Fighting for Purity with the Power of Grace By Heath Lambert

If you have struggled personally against the powerful draw of pornography, or if you have ever tried to help someone fighting this battle, you know how hard it is to break free. But real freedom isn't found by trying harder to change. Nor is it found in a particular method or program. Only Jesus Christ has the power to free people from the enslaving power of pornography.

In *Finally Free*, Dr. Heath Lambert, a leader in the biblical counseling movement, lays out eight gospel-centered strategies for overcoming the deceitful lure of pornography. Each chapter clearly demonstrates how the gospel applies to this particular battle and how Jesus can move readers from a life of struggle to a life of purity.

If you or someone you care about is fighting this battle, there is good news: No matter how intense or long-standing the struggle, Jesus Christ can, will, and does set people free from the power of pornography.

"I've read just about every Christian book on the topic of pornography. *Finally Free* is now the number one book I will recommend to pastors, counselors, strugglers, and those who love them.

- Bob Kelleman, Ph.D., Executive Director, The Biblical Counseling Coalition;  
Author, *Sexual Abuse: Beauty for Ashes*

"This book is richly biblical, soundly Christian, and centered in the gospel. Christians should read it and quickly pass it to others. It will be of enormous help to pastors, youth ministers, college ministers, and the Christians of all ages struggling against the tide of our pornographic age."

- R. Albert Mohler Jr., president Southern Baptist Theological Seminary

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### Editorial Review

#### Review

"No other book I have read so helpfully lays out strategies?strategies you can actually do and that will actually work?in the fight against porn. . . . This book will equip you for the fight." ---Tim Challies, author of *Sexual Detox*

#### About the Author

**Heath Lambert** (PhD, The Southern Baptist Theological Seminary) is the Executive Director of the Association of Certified Biblical Counselors and the Associate Pastor at First Baptist Church Jacksonville, FL. Lambert is also a visiting faculty member at The Southern Baptist Theological Seminary. He is the author of *The Biblical Counseling Movement After Adams* (Crossway, 2011), co-editor of *Counseling the Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture* (B&H, 2012), and co-author of *Transforming Homosexuality: What the Bible Says about Sexual Orientation and Change* (P&R, 2015), and author of *A Theology of Biblical Counseling: The Doctrinal Foundation of Counseling Ministry* (Zondervan, 2016).

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**Carl Adams:**

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