



# The Acorn Principle: Know Yourself, Grow Yourself

By Jim Cathcart

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## The Acorn Principle: Know Yourself, Grow Yourself By Jim Cathcart

Self-awareness-knowing your nature, your abilities, and how you react to people and situations-may well be the greatest life-management skill you can have. *The Acorn Principle* is a guide to doing a complete "life checkup" that will help you pinpoint your talents and strengths. Nurturing those strengths is the key to the success you've always wanted but didn't know how to attain. By reading this book and doing the simple exercises, you'll learn things about yourself that you and most people don't even suspect. You will learn: Why some people attract you and others repel you \* How to predict your instinctive reactions to various situations to understand what circumstances you thrive in and why \* Where your intellectual blind spots are \* Why you like and dislike certain things and how to use that knowledge to motivate yourself \* Who are the most influential people in your life and how to connect with them and others more effectively \* How to control your simple daily actions in such a way that you develop new abilities and continually grow a better life.

The potential to live the life of your dreams exists within you. The more you explore your talents, your relationships, and the patterns in your life, the more readily you will be able to tap into those potentials. A more fulfilling and meaningful life is possible for you without changing your nature; it will come from discovering who you already are. The mighty oak sleeps within you . . . right now.

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## **The Acorn Principle: Know Yourself, Grow Yourself By Jim Cathcart Bibliography**

- Sales Rank: #1016992 in Books
- Published on: 1999-09-10
- Released on: 1999-09-10
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .55" w x 5.50" l, .70 pounds
- Binding: Paperback
- 214 pages



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### Editorial Review

#### From Library Journal

Cathcart, a popular motivational speaker easily as successful as Anthony Robbins or Stephen Covey, condenses his self-discovery module into a self-awareness system based on discovering and learning to work with one's true nature. He claims that if all adults explore how their values, type of intelligence, velocity (high, medium, low), background, behavior patterns, and thinking/learning styles operate they can find healthier, happier, livelier relationships. Once the reader works through the book and discovers his or her "acorn profile," it becomes a useful tool for self-definition and developing appropriate, complementary relationships at home and at work. Each chapter is peppered with thought-provoking questions and exercises. Recommended for collections requiring more in the motivational psychology/personal success sections.

ALisa S. Wise, Broome Cty. P.L., Binghamton, NY

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#### Review

"In this powerful book [Jim Cathcart] will help you discover and express your true self, accelerate your success, and improve your quality of life." ?Jack Canfield, coauthor of the *New York Times* #1 bestselling *Chicken Soup for the Soul* series

"[*The Acorn Principle*] is one of those rare books that beckons you not just to read it cover to cover but over and over." ?Tony Alessandra, Ph.D., author of *Charisma and The Platinum Rule*

"Walt Disney, who had demanding standards, would go for Jim Cathcart's comprehensive new book, *The Acorn Principle*. Walt told me the story about fulfillment that you'll discover in the book. You will find the Fulfillment Grid outstanding!" ?Mike Vance, speaker and chairperson of Creative Thinking Association and author of *Think Out of the Box* and *Break Out of the Box*

#### From the Publisher

"In this powerful book [Jim Cathcart] will help you discover and express your true self, accelerate your success, and improve your quality of life." --Jack Canfield, coauthor of the *New York Times* #1 bestselling *Chicken Soup for the Soul* series

"[*The Acorn Principle*] is one of those rare books that beckons you not just to read it cover to cover but over and over." --Tony Alessandra, Ph.D., author of *Charisma and The Platinum Rule*

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##### Susan Ford:

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who don't like examining a book? Sometime, man or woman feel need book if they found difficult problem as well as exercise. Well, probably you will need this The Acorn Principle: Know Yourself, Grow Yourself.

### **Dollie Simmons:**

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