



Vindicated: Confessions of a Video Vixen, Ten Years Later

By Karrine Steffans

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For a decade, *Confessions of a Video Vixen* author Karrine Steffans and the details of her private life have been the subject of debate and scrutiny. But, as gossipmongers and critics speculated, assumed, and manufactured tall tales about the *New York Times* bestselling author, Karrine hid herself and her truth from the world, imprisoned by an abusive marriage and the judgments of society.

In *Vindicated: Confessions of a Video Vixen, Ten Years Later*, Karrine takes readers into the belly of the beast as she harrowingly chronicles the systematic breakdown of her mind, body, and spirit and the events that propelled her back to prosperity after losing everything. She candidly shares her struggle to be what others demand, her obsession with the American dream, her desperation to appear normal, and the price she paid for it all.

With a foreword from *Respect* magazine Editor-in-Chief Datwon Thomas, this dark, long journey into the life of an abused and tormented woman, wife, and mother uncovers a long-guarded set of painful personal truths, reveals the inspiring details of her life-saving triumph, and will change everything you thought you knew about Karrine Steffans.

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Editorial Review

About the Author

Karrine Steffans is the *New York Times* bestselling author of six titles: *Confessions of a Video Vixen*, *The Vixen Diaries*, *The Vixen Manual*, *SatisFaction*, *How to Make Love to a Martian*, and *Decor and the Single Girl*.

Karrine and her books have been featured on shows hosted by Paula Zahn, Donny Deutsch, Tyra Banks, Bill O'Reilly, Geraldo Rivera, Kathy Lee Gifford and Hoda Kotb, and the queen of daytime herself, Oprah Winfrey. Quite accidentally, the author also contributed a satirical editorial to HBO's *Real Time with Bill Maher*.

Karrine continues to lecture at universities nationwide and volunteers her time serving causes supported by the United Nations, the International Labour Organization, and others with special interest in women's rights, modern-day slavery, and trafficking.

Brooklyn native **Datwon Thomas** is a renowned journalist/writer/editor. The founder of *King* magazine has helmed top spots at *XXL* and *Vibe* magazines. Currently Editor-in-Chief of *Respect* magazine, Thomas is in love with life and his family.

Users Review

From reader reviews:

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