



# Making Artisan Pasta: How to Make a World of Handmade Noodles, Stuffed Pasta, Dumplings, and More

By Aliza Green

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Learn how to use the best ingredients and simple, classic techniques to make fresh, homemade pasta in your own kitchen with *Making Artisan Pasta*. Calling for just the simplest ingredients and a handful of unique kitchen tools, making pasta at home has never been easier, more fun, or more delicious.

Inside, you'll find:

- Recipes for pasta doughs made completely from scratch, with such delicious ingredients as buckwheat and whole wheat flour, roasted red pepper, asparagus, and even squid ink and chocolate
- Fully illustrated step-by-step instructions for rolling, shaping, and stuffing dough for gnocchi, lasagna, cannelloni, pappardelle, tagliatelle, ravioli, and dozens of other styles of pasta
- Detailed instructions on how to make the ultimate in pasta: hand-stretched dough
- Chinese pot stickers, Polish pierogi, Turkish manti, and other delectable pastas from beyond its traditional Italian borders
- Artisan tips to help anyone, from novice to experienced, make unforgettable pasta

Through author and chef Aliza Green's pasta expertise and encyclopedic knowledge of all things culinary, plus hundreds of gorgeous photos by acclaimed food photographer Steve Legato, you'll never look at the supermarket pasta aisle the same way again.

*Making Artisan Pasta is on Cooking Light's Top 100 Cookbooks of the Last 25 Years list for Best Technique and Equipment.*

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### Editorial Review

#### Review

"James Beard Award winner Green teams up again with photographer Legato (after *The Fishmonger's Apprentice*) to produce a beautifully photographed directory on how to make all types of pasta in your own kitchen, with just a few kitchen tools. And don't think only of Italian—there are a few representative recipes from other countries, such as pot stickers, pierogi, and udon noodles. Recipes vary by shape, flour type, and flavoring. By following the easy, step-by-step instructions and hundreds of photographs, readers will be inspired to make their own delicious creations. The book contains many useful extras such as nutrition information, resources, and a glossary, but those who want to serve a homemade sauce along with their pasta fresca may need to consult another resource. VERDICT: This is a terrific choice for any library as it will be useful for both experts and novices alike. *Mangia!*"—*Library Journal*

#### About the Author

Aliza Green is an award-winning Philadelphia-based author, journalist, and influential chef whose books include *The Butcher's Apprentice* and *Making Artisan Pasta* (Quarry Books, 2012), *The Fishmonger's Apprentice* (Quarry Books, 2010), *Starting with Ingredients: Baking* (Running Press, 2008) and *Starting with Ingredients* (Running Press, 2006), four perennially popular *Field Guides to food* (Quirk, 2004-2007), *Beans: More than 200 Delicious, Wholesome Recipes from Around the World* (Running Press, 2004) and successful collaborations with renowned chefs Guillermo Pernot and Georges Perrier. A former food columnist for the *Philadelphia Inquirer*, *Philadelphia Daily News*, and *Cooking Light Magazine*, Green is known for her encyclopedic knowledge of every possible ingredient, its history, culture, and use in the kitchen and bakery and for her lively story-telling. Green also leads culinary tours--her next is scheduled for October 2013 to Puglia, Italy, which she calls "land of 1,000-year-old olive trees." Green's books have garnered high praise from critics, readers, and culinary professionals alike, including a James Beard award for "Best Single-Subject Cookbook" in 2001 for *Ceviche!: Seafood, Salads, and Cocktails with a Latino Twist* (Running Press, 2001), which she co-authored with Chef Guillermo Pernot. For more information about Aliza's books and tours or to send her a message, visit her website at <http://www.alizagreen.com>. **Steve Legato** is a freelance photographer specializing in food, restaurant industry, cookbooks and advertising. His work has been featured in *Art Culinaire*, *The New York Times*, *Food and Wine*, *Wine Spectator*, *Food Arts*, *GQ*, *Departures*, *Wine & Spirits*, *Travel & Leisure*, *Philadelphia Magazine*, *Delaware Today*, *New Jersey Monthly* and *Main Line Today*. He resides just outside of Philadelphia, PA. Visit his website at <http://www.stevelegato.com>. Aliza Green is an award-winning Philadelphia-based author, journalist, and influential chef whose books include *The Butcher's Apprentice* and *Making Artisan Pasta* (Quarry Books, 2012), *The Fishmonger's Apprentice* (Quarry Books, 2010), *Starting with Ingredients: Baking* (Running Press, 2008) and *Starting with Ingredients* (Running Press, 2006), four perennially popular *Field Guides to food* (Quirk, 2004-2007), *Beans: More than 200 Delicious, Wholesome Recipes from Around the World* (Running Press, 2004) and successful collaborations with renowned chefs Guillermo Pernot and Georges Perrier. A former food columnist for the *Philadelphia Inquirer*, *Philadelphia Daily News*, and *Cooking Light Magazine*, Green is known for her encyclopedic knowledge of every possible ingredient, its history, culture, and use in the kitchen and bakery and for her lively story-telling. Green also leads culinary tours--her next is scheduled for October 2013 to Puglia, Italy, which she calls "land of 1,000-year-old olive trees." Green's books have garnered high praise from critics, readers, and culinary professionals alike, including a James Beard award

for "Best Single-Subject Cookbook" in 2001 for *Ceviche!: Seafood, Salads, and Cocktails with a Latino Twist* (Running Press, 2001), which she co-authored with Chef Guillermo Pernot. For more information about Aliza's books and tours or to send her a message, visit her website at <http://www.alizagreen.com>. Steve Legato is a freelance photographer specializing in food, restaurant industry, cookbooks and advertising. His work has been featured in *Art Culinaire*, *The New York Times*, *Food and Wine*, *Wine Spectator*, *Food Arts*, *GQ*, *Departures*, *Wine & Spirits*, *Travel & Leisure*, *Philadelphia Magazine*, *Delaware Today*, *New Jersey Monthly* and *Main Line Today*. He resides just outside of Philadelphia, PA. Visit his website at <http://www.stevelegato.com>.

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### **Semolina Gnocchi (Gnocchi Alla Romana)**

In Rome, Thursdays are the day when many restaurants and home cooks serve gnocchi in this style, a local specialty. The traditional presentation is to layer the circles of pasta in overlapping rings into a dome shape. Here, they are in a single layer for better browning. In Sardinia, semolina gnocchi are known as pillas and are sauced with meat ragu and grated pecorino Sardo and browned in the oven.

- 3 1/2 cups (825 ml) whole milk
- 1 teaspoon fine sea salt
- 1/2 teaspoon freshly grated nutmeg
- 1/2 pound (225 g) semolina
- 1 large egg, at room temperature
- 2 egg yolks
- 2 ounces (55 g), or about 3/4 cup, grated Parmigiano-Reggiano cheese or Grana Padano cheese, plus extra for sprinkling on top
- 6 tablespoons (85 g) unsalted butter, softened

**SPECIAL EQUIPMENT:** 2-inch (5-cm) round cookie cutter; 2-quart (1.9-L) shallow baking dish or gratin dish

**YIELD:** about forty 2-inch (5-cm) gnocchi, serves 6 to 8

1. Bring milk with salt and nutmeg to a simmer in a 2- to 3-quart (1.9- to 2.8-L) heavy saucepan (not aluminum, which will discolor the mix) over moderately low heat. Add semolina in a slow stream while constantly stirring to prevent lumps.
2. Reduce heat and simmer, stirring constantly with a wooden spoon or a heavy whisk until the mixture begins to pull away from the sides of the pan, about 5 minutes (mixture will be very stiff).
3. Remove from heat, cool slightly, then beat in eggs and yolks. Beat in 1/2 cup (50 g) of the cheese and 3 tablespoons (45 g) of the butter, and stir or whisk until mixture is smooth.
4. Spread gnocchi mixture into a 1/2-inch (1-cm)-thick slab on an oiled or parchment paper-lined baking

sheet using a lightly oiled silicone spatula. Press plastic wrap or parchment paper over top and smooth the top with the palms of your hands. Chill until cold and firm, about 1 hour. This amount fills a 10 x 15- inch (25 x 38-cm) jelly-roll pan perfectly.

5. Preheat the oven to 450°F (230°C, or gas mark 8). Rub a medium shallow baking dish (or a French gratin dish) with 1 tablespoon (15 g) of butter.

6. Have ready a bowl of cold water. Cut out "coins" from gnocchi mixture using a 2-inch (5-cm) ridged or plain round cookie cutter. Rinse the cutter in water after each cut. Reserve the scraps. At the end, gather all the scraps together and push them together to form another small 1/2-inch (1-cm)-thick slab and cut out more coins.

7. Gently transfer the coins (they will be soft) to the baking dish, overlapping them slightly. Sprinkle with the remaining cheese and dot with the remaining butter. (You may cover and refrigerate the gnocchi up to 2 days before baking. Allow 40 minutes for baking.)

8. Bake the gnocchi in the upper third of the oven 25 minutes, or until the gnocchi are slightly puffed and lightly browned. If desired, place under a preheated broiler for 2 minutes to brown the top, standing by to make sure the tops don't burn. Let the gnocchi stand 5 minutes to firm up before serving.

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#### **Steven Richardson:**

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**Bruce Benedict:**

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