

## **OST: Clinical Medicine for the MRCP PACES: Volume 1: Core Clinical Skills (Oxford Speciality Training)**

*By Gautam Mehta, Bilal Iqbal*

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Volume 1 of a two volume MRCP text, this book includes cases which mimic the style and approach of the MRCP PACES exam. Clinical Medicine for MRCP PACES will equip the candidate attempting the MRCP examination with the skills and knowledge necessary for success, and will also provide an overview of evidence-based medicine for competency-based training. Throughout this and Volume 2, the authors explore all aspects of the candidate's performance, from clinical examination, to presentation, communication and medical ethics and up-to-date clinical evidence.

Volume 1 includes over 150 cases and covers Stations 1, 3 and 5: Station 1 covers the respiratory and abdominal systems; Station 3 covers the cardiovascular and central nervous systems; Station 5 includes 20 Brief Clinical Consultations and supplementary cases covering ophthalmology, dermatology, endocrine and locomotor presentations.


Throughout the book, the cases begin with the case presentation, followed by extensive clinical notes for each case. Each case also includes questions commonly asked by the examiners with suggested evidence-based answers and relevant bibliography. Station 5 Brief Clinical Consultations include a standardized approach to preparation and provide a concise summary of the focused history, examination, diagnosis and guidance on how to feedback to both the patient and the examiner.

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Advance praise for Clinical Medicine for MRCP PACES:

"The authors have produced two volumes packed with the information needed to pass PACES and to practise high quality medicine. While written specifically for those aspiring to be physicians these volumes deserve to be widely read by all with an interest in clinical medicine. Candidates in particular and patients have good reason to welcome these volumes."

Sir Graeme Catto

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## **OST: Clinical Medicine for the MRCP PACES: Volume 1: Core Clinical Skills (Oxford Speciality Training) By Gautam Mehta, Bilal Iqbal Bibliography**

- Sales Rank: #1397248 in Books
- Published on: 2010-09-13
- Original language: English
- Number of items: 1
- Dimensions: 6.25" h x 1.50" w x 9.25" l, 2.05 pounds
- Binding: Paperback
- 664 pages

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#### **About the Author**

Dr Gautam Mehta qualified from Southampton University in 2001 and underwent postgraduate training at Hammersmith, Royal Free, St Mary's, and Charing Cross Hospitals. He was the youngest appointee to the North West Thames Gastroenterology and Internal Medicine registrar rotation, and is currently a Wellcome Trust Research Fellow at the Institute of Hepatology, University College London.

Gautam is widely published and regularly teaches on MRCP PACES preparation courses. He has an extensive background in medical education, having completed a Fellowship in Medical Education with the London Deanery, and undertaking the Masters in Clinical Education programme at the Institute of Education. Gautam is also an examiner for medical finals at Barts & the London Medical School. Dr Bilal Iqbal is currently Specialist Registrar in Cardiology at Hammersmith Hospital, London.

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