



The Book of Yields: Accuracy in Food Costing and Purchasing

By Francis T. Lynch

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The only product with yield information for more than 1,000 raw food ingredients, *The Book of Yields, Eighth Edition* is the chef's best resource for planning, costing, and preparing food more quickly and accurately. Now revised and updated in a new edition, this reference features expanded coverage while continuing the unmatched compilation of measurements, including weight-to-volume equivalents, trim yields, and cooking yields. With helpful worksheets; a clear organisation by food type; and a convenient, durable comb binding, *The Book of Yields, Eighth Edition* is a must-have culinary resource.

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