



The Secret Sex Life of a Single Mom

By Delaine Moore

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The Secret Sex Life of a Single Mom By Delaine Moore

For seven years, Delaine Moore devoted herself to being the perfect wife and stay-at-home mom to her three kids. But when betrayal and infidelities plough through her life, she suddenly finds herself in a new role: 37 years old, going through a divorce, and thrown into a single-hood she has no idea how to navigate. Amidst her emotional turmoil, her long-dormant libido rouses to show her the way.

The Secret Sex Life of a Single Mom is the raw, funny and empowering story of the physical and spiritual self-discovery that results from Moore's sexual awakening. Connecting with a fiery, daring side of her personality that has been subsumed by motherhood and marriage, Moore gradually steps further and further outside of her confined identity and sexual boundaries. From online dating and attending a sex club to traveling out of country to explore BDSM with a Dominant, Moore tests her limits, regains ownership of her body, and takes full control of her life. More than the story of a woman's breaking and remaking after divorce, The Secret Sex Life of a Single Mom is a humorous, thoughtful exploration of what it means to be a woman and a sexual being, be she a mom, wife, girlfriend, or divorcee. It also serves as a reminder that when life slams you down, a little fire won't burn you -- it will awaken you.

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Editorial Review

About the Author

Delaine Moore is a speaker and journalist, and the fiery voice behind the popular blog I Am Divorced Not Dead, where she unabashedly gets down to the good, bad, and "naughty" of life after divorce. After having partnered with relationship expert Dr. John Gray, bestselling author of *Men Are From Mars, Women Are From Venus*, to create Mars Venus Coaching, Moore is now a masterful mentor when it comes to shedding your married skin, blasting through your self-told lies and excuses, and pursing passion in all areas of your life.

Moore writes for The Huffington Post, Your Tango, and First Wives World, and has appeared on radio and television shows throughout North America. Her essay about a disappointing sexual encounter, "Less Than a Bump and a Grind," won a Novelette.com Readers' Choice Award.

A formally trained therapist and hypnotherapist, Moore has counseled, lectured, and written on a variety of women's issues, including divorce, body image, and single parenting. She lives in Calgary, Alberta with her three kids.

Users Review

From reader reviews:

Julianna Pepper:

Why don't make it to become your habit? Right now, try to ready your time to do the important work, like looking for your favorite book and reading a publication. Beside you can solve your short lived problem; you can add your knowledge by the publication entitled The Secret Sex Life of a Single Mom. Try to face the book The Secret Sex Life of a Single Mom as your close friend. It means that it can to be your friend when you feel alone and beside that of course make you smarter than ever before. Yeah, it is very fortuned for you personally. The book makes you considerably more confidence because you can know every little thing by the book. So , we need to make new experience along with knowledge with this book.

Harold Baughman:

Reading can called imagination hangout, why? Because when you find yourself reading a book mainly book entitled The Secret Sex Life of a Single Mom your head will drift away trough every dimension, wandering in each and every aspect that maybe not known for but surely can become your mind friends. Imaging each and every word written in a e-book then become one web form conclusion and explanation which maybe you never get before. The The Secret Sex Life of a Single Mom giving you another experience more than blown away your mind but also giving you useful info for your better life within this era. So now let us demonstrate the relaxing pattern this is your body and mind will be pleased when you are finished studying it, like winning a. Do you want to try this extraordinary paying spare time activity?

Bruce Healy:

Is it anyone who having spare time then spend it whole day by means of watching television programs or just laying on the bed? Do you need something totally new? This The Secret Sex Life of a Single Mom can be the response, oh how comes? The new book you know. You are thus out of date, spending your free time by reading in this brand new era is common not a nerd activity. So what these publications have than the others?

David Gilbert:

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