The Truth About Style

By Stacy London

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The New York Times bestselling style guide from the cohost of *What Not to Wear*

It's clear why *Women's Wear Daily* hails Stacy London as "the Dr. Phil of fashion." Since 2002, she's transformed hundreds of guests on TLC's hit show *What Not to Wear*. But London has more than just impeccable taste. She has a gift for seeing the core emotional issues behind a disastrous wardrobe. By sharing her own struggle with self-esteem, London illustrates how style develops confidence. Including invaluable fashion tips, advice, and a revelatory makeover section, *The Truth About Style* is for London's legion of fans—and everyone who longs to enhance and celebrate the body she has.

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The Truth About Style By Stacy London Bibliography

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Editorial Review

From **Booklist**
With much credit to London, editor and co-host of TLC's What Not to Wear, nine women from situations, including young-married, breast-cancer-survivor, and plus-size blogger, are redressed, restyled, and, most important, re-created into new and thoroughly confident personages. Yes, style is definitely not fashion, and, in each case, the transformation is amazing. For example, Ashley, in the midst of an emotional eating disorder, is now garbed in badass style, complete with leather jacket and fitted jeans; and Tania, who defines herself through her family, forsakes black-on-black for color—lots of it. Each woman begins with a letter that is often heart wrenching; London follows with an analysis of symptoms, underlying causes, and a perceptive prescription that frequently is couched in very personal terms and peppered with dialogue, color pictures of try-ons, as well as recommendations for closet restocking. Most poignant of all is London's own story, which includes acute psoriasis, anorexia, and, today, her wondrous sense of self. Brava! --Barbara Jacobs

Review
"An honest and heartfelt look at how we dress from the inside out." —Flavorpill.com

About the Author
Stacy London is one of America's premiere style experts and the cofounder of Style for Hire, a nationwide network of the best personal stylists. She lives in Brooklyn, New York.

Users Review

From reader reviews:

Jose Goodell:

This The Truth About Style book is just not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is information inside this guide incredible fresh, you will get information which is getting deeper a person read a lot of information you will get. This kind of The Truth About Style without we realize teach the one who reading through it become critical in imagining and analyzing. Don't become worry The Truth About Style can bring whenever you are and not make your bag space or bookshelves' turn out to be full because you can have it within your lovely laptop even cell phone. This The Truth About Style having good arrangement in word and also layout, so you will not feel uninterested in reading.

Sarah Ford:

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