



The Winner Within: A Life Plan for Team Players

By Pat Riley

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The Winner Within: A Life Plan for Team Players By Pat Riley

The *New York Times* bestselling book from one of the greatest NBA coaches of all time.

He's one of America's greatest coaches, known for inspiring the champions of pro basketball to work as a team—in short, Pat Riley is a master at creating success. *The Winner Within* is his game plan for team players in all of life—not just on the court but in business, at home, and in personal achievement. Here are his winning strategies that inspire change, motivate teamwork, and reveal the winner within us all.

“Pat Riley is a true master . . . no one committed to success can afford to miss this opportunity to learn from the coach of the decade.”—Anthony Robbins, bestselling author of *Awaken the Giant Within*

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Editorial Review

From Publishers Weekly

In the 1940s, mathematician John von Neumann developed "game theories" utilizing models taken from games of strategies and chance. In the 1980s, basketball coach Riley (*Showtime*) called on these ideas and others to craft his own theories about motivation, selfishness, teamwork, complacency, winning and "choking" that have lead to NBA championships and "Coach of the Decade" honors. Here he outlines his theories, and recounts his successes and infrequent failures with the Lakers and the Knicks in a superb, candid study. Yet Riley also maintains that his concepts work in large and small businesses. He provides vivid examples of how the "winner within" each of us can adapt his ideas to all types of team play, whether in the sports arena, in daily life, or in the marketplace. This book should have wide appeal among sports fans, coaches and people looking for realistic managerial practices useful to non-experts.

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From Library Journal

Riley, the coach of the New York Knicks and the author of *Show Time* (*LJ* 8/88), combines popular trends in business management, including team-building, with highlights from his two-decade association with professional basketball to produce a readable and inspirational guide for any coach, manager, and team member. Riley provides glimpses of the role played by the emotional side of basketball in winning and losing. He interweaves these experiences, mainly from playoff and championship games, with sound management principles and examples from the business world to illustrate his team-building leadership philosophy. Along the way, he tells some wonderful basketball stories. This book will appeal to a wide audience. Recommended for all public and secondary school libraries. Previewed in *Prepub Alert*, *LJ* 5/15/93.

- *Andrea C. Dragon, Coll. of St. Elizabeth, Convent Station, N.J.*

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From Kirkus Reviews

Winning, if demanding, prescriptions for success from one of the NBA's best coaches. Drawing on his experiences in and out of professional basketball, Riley (*Showtime*, 1988) takes a hard-line approach to personal growth. By his anecdotal account, achievement is more reliant on cooperation, diligence, positive thinking, preparation, resilience, respect for authority, and other bedrock virtues than on tricks of the trade. Not too surprisingly (in light of his vocation), the author puts a premium on teamwork, notably on its highest manifestation--unselfish willingness to subordinate individual goals to the good of a group. Using object lessons learned during his near-miss as well as championship seasons with the Los Angeles Lakers and New York Knicks, Riley provides cautionary insights on withstanding pressure, the perils of complacency, the frustrations of playing not to lose, and the roles to be played by superstars and lesser lights. Having spent time in the trenches (e.g., as a no-name coaching assistant), he values and commends apprenticeship as an opportunity to develop skills--and perception--in arenas where physical or intellectual gifts are merely starting points. He also endorses occasional, calculated outbursts of ``temporary insanity'' as an effective means of jolting sports or other organizations in need of wake-up calls. Throughout, however, the writer and coach maintains an impressive sense of proportion, to be seen in vignettes of a family friend who survived a racking bout with breast cancer; the combat vet responsible for getting the Vietnam Memorial in Washington, D.C., built; his own father-in-law (a WW II submariner); and others whose triumphs have little to do with athletic glory. Engaging, down-to-earth advisories from a master of the game. -- *Copyright ©1993, Kirkus Associates, LP. All rights reserved.*

Users Review

From reader reviews:

Ila Petty:

Spent a free time to be fun activity to accomplish! A lot of people spent their leisure time with their family, or their friends. Usually they undertaking activity like watching television, about to beach, or picnic within the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your free time/ holiday? May be reading a book can be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of guide that you should read. If you want to try out look for book, may be the publication untitled The Winner Within: A Life Plan for Team Players can be fine book to read. May be it can be best activity to you.

Dorothy Whisler:

Reading can called head hangout, why? Because while you are reading a book specifically book entitled The Winner Within: A Life Plan for Team Players your thoughts will drift away trough every dimension, wandering in every aspect that maybe not known for but surely will become your mind friends. Imaging every single word written in a guide then become one application form conclusion and explanation which maybe you never get ahead of. The The Winner Within: A Life Plan for Team Players giving you one more experience more than blown away your thoughts but also giving you useful data for your better life on this era. So now let us explain to you the relaxing pattern this is your body and mind will be pleased when you are finished examining it, like winning a casino game. Do you want to try this extraordinary investing spare time activity?

John Keys:

Do you have something that you prefer such as book? The book lovers usually prefer to choose book like comic, limited story and the biggest you are novel. Now, why not trying The Winner Within: A Life Plan for Team Players that give your fun preference will be satisfied by simply reading this book. Reading addiction all over the world can be said as the opportunity for people to know world better then how they react to the world. It can't be explained constantly that reading practice only for the geeky particular person but for all of you who wants to become success person. So , for all you who want to start reading through as your good habit, you can pick The Winner Within: A Life Plan for Team Players become your personal starter.

James Edgar:

That guide can make you to feel relax. This particular book The Winner Within: A Life Plan for Team Players was bright colored and of course has pictures on there. As we know that book The Winner Within: A Life Plan for Team Players has many kinds or genre. Start from kids until youngsters. For example Naruto or Investigator Conan you can read and feel that you are the character on there. Therefore , not at all of book are usually make you bored, any it makes you feel happy, fun and relax. Try to choose the best book for you personally and try to like reading in which.

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