



# Taking the Lead: Lessons from a Life in Motion

By Derek Hough

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## Taking the Lead: Lessons from a Life in Motion By Derek Hough

"Sometimes I've taken home the trophy, sometimes I've stumbled or tripped over my own feet. But every move I've made has shaped me into the person I am today."

Season after season, millions of fans tune into *Dancing with the Stars* to watch Derek Hough, the talented, consummate competitor whose skill and commitment have made him the show's all-time champion. Whether he's dancing with an Olympic gold medalist, an internationally renowned recording star, or a celebrated actress, Derek has an undeniable talent for bringing out the best in his partners. He does more than just tutor them in the fox-trot and paso doble—he teaches them how to see beyond their limits and realize their true potential.

Now, for the first time ever, Derek opens up about his transformation from bullied little boy to accomplished performer and coach who lets nothing—and no one—stand in his way. In *Taking the Lead* he details how his experiences have taught him to embrace a positive outlook, channel his creativity and drive, and face his fears head-on.

From his early training in London beginning at the age of twelve, to grueling dance competitions around the world, to never-before-told stories from behind the scenes of *Dancing with the Stars*, Derek writes with honesty and insight about his extraordinary journey. And in sharing his own story, he shows all of us how we can take charge of pursuing our goals, overcome obstacles, and become winners—not just on the dance floor but in life.

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## **Editorial Review**

From the Back Cover

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About the Author

Emmy Award-winning and *New York Times* bestselling author Derek Hough is the only five-time champion in the franchise history of the ABC show *Dancing with the Stars*. At eleven years old, Hough started dancing in his hometown of Salt Lake City and one year later moved to London to attend a performing arts school where he studied theatre, music, and dance. He has been nominated six times for an Emmy Award, has acted in film, and has performed in London's West End and on Broadway. He also has headlined at Radio City Music Hall and has teamed up with his sister, Julianne, for a live stage dance concert called Move Live On Tour.

## **Users Review**

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**Philip Raber:**

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