



The Book of Nurturing

By Richard Eyre, Linda Eyre

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"The Eyres have created a beautiful new language of natural, nurturing symbols that allow parents and children to communicate in a new and effective way. A truly remarkable book which 'strikes at the root.'"--Steven Covey, author of *The 7 Habits of Highly Effective Families*

"Nurturing is not just for parents. Aunts, uncles, grandparents, or anyone who loves a child needs to read this book."--Jane Clayson, ABC News correspondent

"This book will motivate parents to reconnect as a family."--Library Journal

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Editorial Review

From the Back Cover

Linda and Richard Eyre have enjoyed enormous success with their book *Teaching Your Children Values*, the first parenting book since Dr. Spock's *Baby and Child Care* to top the *New York Times* Bestseller list. While the Eyres' book generated an overwhelmingly positive response from families, the authors received letters from parents asking for help in putting the book's principles into practice.

These parents were discouraged by the lack of warmth in their relationships with their children. Many said of their kids, "We don't communicate. They don't listen to me." Other explained, "My kids are never around. They'd rather be anywhere but home." It became evident that a lack of connection between parents and their children was an increasingly common problem that could eat away at a family's happiness.

The Eyres quickly saw the need for a "prequel" built on the concept that before parents can teach their children values, they first need to establish a safe, understanding, and caring environment where parents and children participate equally. *The Book of Nurturing* gives parents what they need most--tools that can set the dream of respectful and trusting family relationships, as well as principles that will turn a house into a home.

These vital tools are given in nine simple, powerful lessons that can protect and preserve families and give children a sense of worth and self-esteem. With a unique blend of insight and imagination, the Eyres have couched each lesson in a memorable animal story that illustrates the lesson in practice. The nine lessons include:

- Commitment
- Praise, support, and positive affirmation
- Responsibility
- Awareness
- Communication
- Discipline (tough love)
- Consistency
- Security and identity
- Freedom and empowerment

The fables used to explain these principles create a language of symbols, which makes it easier for both parents and children to remember the lessons when they're most needed. As each principle is integrated into the general dynamics of family life, both parents and children will contribute to the building of a happier, healthier family that everyone dreams of.

Transform a house into a loving home with the help of the #1 bestselling authors of *Teaching Your Children Values*

Every parent wants to teach his or her children good values. But beneath that desire lies a greater need--for a bond of love and trust that keeps their children safe, and lets parents participate more fully in their children's lives. In *The Book of Nurturing*, Linda and Richard Eyre, parenting experts on the "CBS Early Show," present parents with tools for developing healthy and happy family relationships.

These tools are embodied in nine powerful lessons which, when practiced consistently, help to preserve

family values and give children a sense of worth and self-esteem. Illustrated by examples drawn from nature, *The Book of Nurturing* gives the family a common language of symbols that they can use to build and strengthen the relationships that bring a family together.

Along with these stories, *The Book of Nurturing* also includes:

-

Poignant stories that illustrate the principles in action

-

Heartfelt advice distilled from letters from over one million readers

-

Specific examples of actions to take

With insight, compassion, and understanding, Linda and Richard Eyre show parents ways to increase the strength and stability in family relationships, creating the kind, nurturing home every parent and child desires.

About the Author

Linda and Richard Eyre (Salt Lake City, UT) are the authors of the #1 bestseller *Teaching Your Children Values*, founders of the organization Values Parenting, and hosts of a monthly segment on the "CBS Early Show."

Users Review

From reader reviews:

James Mendoza:

Here thing why this kind of The Book of Nurturing are different and trustworthy to be yours. First of all studying a book is good however it depends in the content of it which is the content is as tasty as food or not. The Book of Nurturing giving you information deeper and different ways, you can find any guide out there but there is no guide that similar with The Book of Nurturing. It gives you thrill looking at journey, its open up your personal eyes about the thing this happened in the world which is perhaps can be happened around you. It is easy to bring everywhere like in playground, café, or even in your means home by train. When you are having difficulties in bringing the paper book maybe the form of The Book of Nurturing in e-book can be your alternate.

Keith Dunn:

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eliminate your hunger then you still uncertainty The Book of Nurturing as good book not just by the cover but also by content. This is one publication that can break don't ascertain book by its cover, so do you still needing another sixth sense to pick this kind of!? Oh come on your reading through sixth sense already told you so why you have to listening to an additional sixth sense.

Laura Hill:

In this period of time globalization it is important to someone to get information. The information will make someone to understand the condition of the world. The condition of the world makes the information better to share. You can find a lot of references to get information example: internet, newspapers, book, and soon. You can view that now, a lot of publisher this print many kinds of book. The book that recommended for your requirements is The Book of Nurturing this guide consist a lot of the information from the condition of this world now. That book was represented so why is the world has grown up. The words styles that writer use for explain it is easy to understand. Typically the writer made some study when he makes this book. This is why this book ideal all of you.

Gloria Quinones:

A number of people said that they feel weary when they reading a publication. They are directly felt the idea when they get a half portions of the book. You can choose often the book The Book of Nurturing to make your personal reading is interesting. Your own personal skill of reading expertise is developing when you such as reading. Try to choose basic book to make you enjoy to learn it and mingle the sensation about book and reading through especially. It is to be initial opinion for you to like to open up a book and examine it. Beside that the publication The Book of Nurturing can to be your new friend when you're really feel alone and confuse in what must you're doing of this time.

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