

The Total Dirt Rider Manual (Dirt Rider): 358 Essential Dirt Bike Skills

By Pete Peterson, The Editors of Dirt Rider

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Many motorcyclists got their start on a dirt bike, and many more have learned the joy and freedom of trail riding and adventure touring. Affordable, easy to ride and fun, dirt bikes are a great way to enjoy the great outdoors and build riding skills. This book covers riding and wrenching basics, as well as more advanced X-games style tricks. *The Total Dirt Rider Manual*, from Pete Peterson and the Editors of *Dirt Rider* magazine, is your all-inclusive guide to dirt bike riding.

With high-quality design, intricate detail, and a durable flexicover—this manual is the perfect gift!

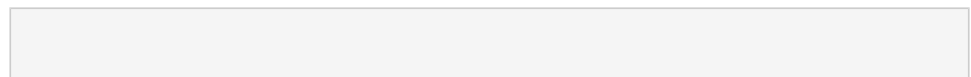
Gear: From how to buy the best bike to evaluating a used ride; suit up for style safety, and comfort. Also learn how to adapt your gear to a wide range of riding conditions.

Riding: Dirt riding is not just a great form of outdoor recreation, it's a sport in its own right, and this book has the information you need to enjoy a casual day on the trails or to compete year round.

Wrenching: *Dirt Rider* is renowned for its “Dr. Dirt” feature, which breaks down repairs from the everyday to the highly specialized into simple, step-by-step tutorials. This book features the best of those, allowing any rider to become their own mechanic and save money.

Suspension: A bike's suspension is vital, expensive to fix, and tricky to diagnose. If there's one thing off-road riders crave, it's the ability and know-how to do this maintenance themselves. This special section delivers with clear, detailed but quick-to-grasp, tips from America's top race-bike mechanics; this section alone could save a rider thousands of dollars.

Whether you enjoy trail-riding and exploring the backcountry, aspiring to motocross stardom, wondering how they do those amazing freestyle flips, this book is packed with hands-on, off-road tips and tricks to get you there – and keep you moving.



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Editorial Review

About the Author

Pete Peterson is a longstanding contributor to Dirt Rider and an avid motocross and off-road rider. He has covered everything from multi-day adventure trips to riding technique advice from the sport's top pro racers.

As the world's largest off-road motorcycle brand, Dirt Rider is the premier source for motocross and off-road motorcycle tests, product reviews, tech articles, comparisons, and more. With strong daily traffic, a large social media footprint, an active e-newsletter audience, and a dedicated video production team, the newly-redesigned DirtRider.com is a powerhouse within the off-road motorcycle media industry. Similarly, the brand's long standing magazine—published 10 times per year, both digitally and in print—features a strong newsstand following and the most dedicated subscriber audience in the segment. By maintaining its position as the leader in motorcycle testing and continuing to focus on digital content delivery and video production, Dirt Rider is able to remain the largest and most trusted off-road and motocross media brand in the world

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TIP 15 - TREAT A NEW BIKE RIGHT

It's a great feeling to have a new bike. Enjoy the pride of ownership, turn a blind eye to the instant depreciation of a vehicle that comes with knobby tires, and be aware of what that brand new bike needs.

PREP Most bikes need more grease on the steering stem, linkage, and swingarm bearings. While you're at it, work a dab of anti-seize grease into the rear axle adjustment bolt threads.

MAINTENANCE Air filter oil migrates down. Check that the top of the filter is tacky with oil and re-oil it with air filter oil if it is dry on the top. Stock chains stretch quickly, so put on a top-of-the-line chain right away to save money on sprockets in the long run.

BREAK-IN A good common-sense break-in is to give the engine a heat cycle. Get it up to operating temperature on the stand, then let it cool. Don't lug the engine in a gear too high for the first rides or scream it in a gear too low. Suspension breaks in, too. Watch the shock sag and keep it adjusted where you want it.

Users Review

From reader reviews:

Dorothy Marr:

Book is usually written, printed, or descriptive for everything. You can realize everything you want by a guide. Book has a different type. As you may know that book is important factor to bring us around the world. Adjacent to that you can your reading expertise was fluently. A e-book The Total Dirt Rider Manual (Dirt Rider): 358 Essential Dirt Bike Skills will make you to be smarter. You can feel far more confidence if you can know about everything. But some of you think which open or reading any book make you bored. It is not necessarily make you fun. Why they are often thought like that? Have you trying to find best book or suitable book with you?

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Charles Thomas:

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Diane Russel:

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