



Behavioral Consultation in Applied Settings: An Individual Guide (Applied Clinical Psychology)

By Thomas R. Kratochwill, John R. Bergan

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This guidebook has been developed as a skill-training package to teach psychologists, counselors, social workers, and other applied mental-health professionals a model for the delivery of behavioral interventions through a behavioral consultation approach. This training guide is an abridged version of the skills taught as part of a behavioral consultation model. As such it is not intended to be an exhaustive program in behavioral consultation. Usually, consultation skills are taught over a period of several months in university training programs. Also, the most successful use of the guidebook can be accomplished only with prerequisite training in behavioral analysis and assessment as a method of delivering psychological services. Thus, individuals using this guidebook should obtain supervised training in this area. The book is also designed to accompany Bergan and Kratochwill (1990). Some individuals may have a background in behavioral assessment and intervention. In this case, the use of this guidebook can provide the user who has not been exposed to the specifics of the behavioral consultation approach valuable information regarding interviewing forms of assessment and intervention. Such activities can be extremely useful when incorporated into regular clinical work in applied settings and supplemented with other assessment and intervention methods. Given the importance of successful interviewing in applied settings, a major clinical tool should be available after careful study of this guidebook.

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