



River Cafe Cook Book Two

By Rose Gray, Ruth Rogers

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The first River Cafe Cook Book was a publishing phenomenon, winning both the Glenfiddich Food Book of the Year and the BCA Illustrated Book of the Year Awards. As well as the innovative, striking design of the book, the appeal also lies in the exquisite simplicity of its food. A sophisticated re-interpretation of the cucina rustica or farmhouse cooking of northern Italy, the food of the River Cafe relies on good quality, fresh, seasonal produce. Ruth and Rose's direct, uncomplicated approach means that many of the dishes are strikingly simple - fish, meat and vegetables are chargrilled, pan-fried and baked - but all of them are vibrant with flavour. This cookbook retains the essential style of the River Cafe while reflecting the new directions Ruth and Rose's cooking took since their first book; meat is less prominent, for example, while vegetables and vegetarian food have become more important; techniques, such as wood-roasting are featured, always with advice on how the results can be achieved in a domestic oven. With over 200 new recipes, *River Cafe Cook Book 2* is a must both for the many people who loved the first volume and for those who have yet to discover the delights of the River Cafe's unique style of Italian cooking. *from Goodreads*

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River Cafe Cook Book Two By Rose Gray, Ruth Rogers Bibliography

- Sales Rank: #550814 in Books
- Published on: 1998
- Format: Illustrated
- Original language: English
- Number of items: 1
- Dimensions: 9.65" h x 1.06" w x 7.80" l, .0 pounds
- Binding: Paperback
- 352 pages

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Shirley Dildy:

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Ida Torres:

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