



Pathways to Joy: The Master Vivekananda on the Four Yoga Paths to God

By Swami Vivekananda

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Editorial Review

From Publishers Weekly

The Indian guru Swami Vivekananda had the gift of being bicultural. He brought the Vedanta philosophy of Hinduism to the 1893 World Parliament of Religions and prepared the way for the flowering of yoga in the West. Vivekananda's accessible teachings have been edited and compiled in countless ways, and this edition by DeLuca, a student of Vedanta, is intended to offer students of yoga something to think about, since Indian yoga is more than a series of physical postures. The guru gently introduces what may be unfamiliar ideas from Hinduism, such as *maya*, or illusion. The book's organization into broad themes, including the four yoga paths, is logical in concept yet fuzzy in execution, because the writing doesn't always lend itself to clear differentiation. "Oneness" is a pervasive teaching for Vivekananda, and ruminations on it end up scattered throughout the book. The result is somewhat repetitive and disorganized. Nor are there citations showing where the writing is drawn from, except in the appendix. End material, including a reading list, glossary and biographical material, is helpful. This is not the best introduction to Vivekananda, but the swami is so clear himself that he needs little help. (*June*)

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Review

"No library of Yoga study would be complete without the revered teachings of Swami Vivekananda, and no edition of his teachings brings them to us more beautifully than Dave DeLuca's *Pathways to Joy*."

— *Midwest Book Review*

"Dave DeLuca has done a wonderful service by compiling Swami Vivekananda's greatest teachings on classical yoga into one book. It is a compendium of Vedanta, its selections in lucid prose most suitable for modern seekers. My hearty congratulations!"

— Swami Smaranananda, vice president, Ramakrishna Math and Mission, Kolkata, India

"Swami Vivekananda was a spiritual pioneer, the first major figure to bring the priceless wisdom of ancient India to the modern world. In this age of materialism, we ignore his message at our peril. Dave DeLuca has done us all a service with this accessible and attractive anthology of Swamiji's writings."

— Michael Nagler, author of *The Search for a Nonviolent Future*

"Dave DeLuca recently reintroduced the spiritual treasures of Swami Vivekananda's Vedanta teachings to the Western world in a new and inspired collection from Swamiji's writings and lectures. No sincere student of Yoga should be without Vivekananda's great wisdom and guidance, and for this reason I highly recommend *Pathways to Joy*."

— Swami Swahananda, senior minister, Ramakrishna Order and Vedanta Society of Southern California

"Intelligently organized, thoughtfully presented, *Pathways to Joy* is an excellent introduction to the writings of Swami Vivekananda."

— Pravrajika Vrajaprana, author of *Vedanta: A Simple Introduction*

"I highly recommend this beautiful collection of Vivekananda's revered writings as a vital addition to any spiritual library."

— *India Journal*

“Dave DeLuca’s book *Pathways to Joy* is a brilliant, bridge-building work that allows New Thought readers to easily understand and explore the original message of Oneness from the East.”

— Reverend Edward Viljoen, pastor, Center for Spiritual Living, Santa Rosa, California

About the Author

Dave Deluca has presented thousands of seminars, classes and trainings on all aspects of personal growth during his 20 years as a professional speaker and seminar leader. A long-time student of the ancient Vedanta wisdom of Oneness, he has been one of the West's most passionate and highly regarded Vedantic teachers for over a decade. He presented Vedanta at the Parliament of the World's Religions in Barcelona, Spain, and continues to give keynote addresses, classes and seminars on spiritual growth at conferences, churches, temples, learning centers and retreats all over America and Canada.

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