



The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version)

By Audrey Davis-Sivasothy

[Download now](#)

[Read Online](#) 

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy

You are viewing the Standard Edition (Black & White interior)

*Thinking about making the journey back to natural?
Here's your roadmap.*

Thinking *outside the box* is not always easy--especially when you've had a long-term relationship with your relaxer. And, of course, rocking gravity-defying kinks and coils comes with another set of unique joys and challenges. *The Science of Transitioning: A Complete Guide to Hair Care for Transitioners and New Naturals* is your essential, all-inclusive guide to the journey back--written exclusively for those who are chemically relaxed and considering the natural journey, those who are taking their first steps back to natural and those who have already gone all in!

Unleash your hair's fullest potential, and learn how to care for the natural kinks, coils and curls you were born with.

Great for those who are:

- * Currently relaxed and considering natural hair
- * Transitioners (Long-term and short-term transitions)
- * New Naturals (Recently chopped, or natural for less than 2 years)

You'll Discover:

- * How chemical relaxers really affect the hair and scalp.
- * How to transition while keeping your hair as healthy as possible.
- * The best products and techniques to use during your transition.
- * How your mental transition determines the success of your physical transition.
- * Tips for dealing with unsupportive friends and family members.
- * Tips for getting the most out of your new natural hair!

What's Inside:

- * Regimen advice for both transitioners and new naturals.
- * Sample "Transitioning Timeline" and care instructions to carry you through the first year of transitioning.
- * More than one hundred illustrations and directions for handling and styling transitioning and newly natural hair.
- * New, updated images of hair at the microscopic level.
- * Product suggestions, sample regimens and more!

 [Download The Science of Transitioning:: A Complete Guide to ...pdf](#)

 [Read Online The Science of Transitioning:: A Complete Guide ...pdf](#)

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version)

By Audrey Davis-Sivasothy

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy

You are viewing the Standard Edition (Black & White interior)

Thinking about making the journey back to natural?

Here's your roadmap.

Thinking *outside the box* is not always easy--especially when you've had a long-term relationship with your relaxer. And, of course, rocking gravity-defying kinks and coils comes with another set of unique joys and challenges. ***The Science of Transitioning: A Complete Guide to Hair Care for Transitioners and New Naturals*** is your essential, all-inclusive guide to the journey back--written exclusively for those who are chemically relaxed and considering the natural journey, those who are taking their first steps back to natural and those who have already gone all in!

Unleash your hair's fullest potential, and learn how to care for the natural kinks, coils and curls you were born with.

Great for those who are:

- * Currently relaxed and considering natural hair
- * Transitioners (Long-term and short-term transitions)
- * New Naturals (Recently chopped, or natural for less than 2 years)

You'll Discover:

- * How chemical relaxers really affect the hair and scalp.
- * How to transition while keeping your hair as healthy as possible.
- * The best products and techniques to use during your transition.
- * How your mental transition determines the success of your physical transition.
- * Tips for dealing with unsupportive friends and family members.
- * Tips for getting the most out of your new natural hair!

What's Inside:

- * Regimen advice for both transitioners and new naturals.
- * Sample "Transitioning Timeline" and care instructions to carry you through the first year of transitioning.
- * More than one hundred illustrations and directions for handling and styling transitioning and newly natural hair.
- * New, updated images of hair at the microscopic level.
- * Product suggestions, sample regimens and more!

**The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals
(B&W version) By Audrey Davis-Sivasothy Bibliography**

- Rank: #1581660 in Books
- Brand: Ingramcontent
- Published on: 2014-12-20
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x .47" w x 7.00" l, .81 pounds
- Binding: Paperback
- 208 pages



[**Download The Science of Transitioning:: A Complete Guide to ...pdf**](#)



[**Read Online The Science of Transitioning:: A Complete Guide ...pdf**](#)

Download and Read Free Online The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy

Editorial Review

About the Author

Audrey Davis-Sivasothy is a freelance writer, lecturer and consultant to the cosmetology industry. Best known for her bestselling, Science of Black Hair book series, Audrey's widely regarded hair care textbooks have helped men and women all over the world to truly understand the science and beauty of textured hair. Sivasothy has been a guest expert on The Dr. Oz Show, and her work has been featured in Good Housekeeping, Woman's World, The Huffington Post, Essence, Sophisticate's Black Hair, and Hype Hair Magazines.

Users Review

From reader reviews:

Jeremy Windham:

The book The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) can give more knowledge and information about everything you want. So why must we leave the good thing like a book The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version)? Several of you have a different opinion about guide. But one aim in which book can give many data for us. It is absolutely appropriate. Right now, try to closer with your book. Knowledge or information that you take for that, you can give for each other; you are able to share all of these. Book The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) has simple shape however, you know: it has great and big function for you. You can search the enormous world by start and read a book. So it is very wonderful.

Gary Lewis:

Book is to be different for each and every grade. Book for children until eventually adult are different content. As we know that book is very important usually. The book The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) ended up being making you to know about other know-how and of course you can take more information. It is extremely advantages for you. The reserve The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) is not only giving you a lot more new information but also to get your friend when you experience bored. You can spend your current spend time to read your book. Try to make relationship with the book The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version). You never experience lose out for everything if you read some books.

William Leone:

Now a day people that Living in the era everywhere everything reachable by connect to the internet and the resources in it can be true or not demand people to be aware of each facts they get. How individuals to be smart in getting any information nowadays? Of course the answer is reading a book. Looking at a book can

help men and women out of this uncertainty Information especially this The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) book since this book offers you rich facts and knowledge. Of course the information in this book hundred per-cent guarantees there is no doubt in it as you know.

Diane Welton:

Reading a e-book make you to get more knowledge from this. You can take knowledge and information from the book. Book is published or printed or created from each source that filled update of news. In this particular modern era like today, many ways to get information are available for you. From media social just like newspaper, magazines, science publication, encyclopedia, reference book, fresh and comic. You can add your knowledge by that book. Are you hip to spend your spare time to open your book? Or just looking for the The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) when you desired it?

Download and Read Online The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy #8P9IJU6MTSL

Read The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy for online ebook

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy books to read online.

Online The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy ebook PDF download

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy Doc

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy MobiPocket

The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy EPub

8P9IJU6MTSL: The Science of Transitioning:: A Complete Guide to Hair Care for Transitioners and New Naturals (B&W version) By Audrey Davis-Sivasothy