



## Handbook of Art Therapy, Second Edition

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Providing a complete overview of art therapy, from theory and research to practical applications, this is the definitive handbook in the field. Leading practitioners demonstrate the nuts and bolts of arts-based intervention with children, adults, families, couples, and groups dealing with a wide range of clinical issues. Rich with illustrative case material, the volume features 110 sample drawings and other artwork. The inclusion of diverse theoretical approaches and practice settings makes the *Handbook* eminently useful for all mental health professionals interested in using art in evaluation and treatment.

#### New to This Edition

- \*Incorporates the latest clinical applications, methods, and research.
- \*Chapter on art materials and media (including uses of new technologies).
- \*Chapters on intervening with domestic violence survivors, bereaved children, and military personnel.
- \*Expanded coverage of neuroscience, cultural diversity, and ethics.

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### Editorial Review

#### Review

"This extraordinary volume is packed with state-of-the-art research and wisdom from renowned practitioners. Like the first edition, it will be a 'must read' for years to come for graduate students and practitioners in art therapy and allied fields, and for any therapist who uses art expression in clinical work. It is clinician friendly and eminently useful."--David A. Crenshaw, PhD, ABPP, RPT-S, Rhinebeck Child and Family Center, Rhinebeck, New York

"An essential, integrative tool for introducing new art therapists and other human service professionals to the field of art therapy--and a terrific resource for experienced practitioners as well. Malchiodi and her contributing authors describe 'what art therapy is' in a clear and direct manner and provide meaningful applications of theory to practice. The volume demonstrates how art therapy actually works to provide psychological aid to a wide range of clients, from children in crisis to combat veterans. New coverage of technology and other topics brings the second edition up to date for this decade and beyond. I look forward to using this handbook as a text in my undergraduate and graduate courses."--Julia Byers, EdD, Division of Expressive Therapies, Lesley University

"This is one of those rare second editions that achieve much more than an update of the literature, expanding and enriching a work that already has proven to be a classic. The *Handbook* is not only a wonderful introduction for students and novice practitioners, it is also a valuable tool for seasoned therapists. Malchiodi and other luminaries in the field generously share their research findings, practical expertise, and clinical wisdom. This volume is a valuable addition to any art therapist's library. I highly recommend it."--Lennis G. Echterling, PhD, Department of Graduate Psychology, James Madison University

"A welcome addition to the art therapy literature....A useful reference and a readable, interesting book to browse."

(*Psychiatric Services* 2011-10-20)

#### About the Author

Cathy A. Malchiodi, PhD, ATR-BC, LPAT, LPCC, REAT, is an art therapist, expressive arts therapist, and clinical mental health counselor, as well as a recognized authority on art therapy with children, adults, and families. She has published numerous books, articles, and chapters, and has given more than 350 presentations on art therapy. Dr. Malchiodi is on the faculty of Lesley University and is a visiting professor to universities in the United States and internationally. She is also founder of the Trauma-Informed Practices Institute and has worked with a wide variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, and wellness. The President of Art Therapy Without Borders, a nonprofit organization supporting international art therapy initiatives and service, Dr. Malchiodi is the only person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC.

## Users Review

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#### **Shelly Rodriguez:**

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