



# The Path of Individual Liberation: The Profound Treasury of the Ocean of Dharma, Volume One

By Chogyam Trungpa

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#### Review

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"With the publication of *The Profound Treasury of the Ocean of Dharma*, these seminary transcripts have taken birth as three user-friendly volumes, beautifully arranged and elegantly edited without losing the author's intention or voice. The volumes offer a glimpse of the heart teachings of the Vidyadhara, given to his students over several years with his uniquely provocative and meticulous style, enhanced by his knowledge of Western epistemology and psychology."—Dzogchen Ponlop Rinpoche, *Buddhadharma*

#### About the Author

Chögyam Trungpa (1940–1987)—meditation master, teacher, and artist—founded Naropa University in Boulder, Colorado, the first Buddhist-inspired university in North America; the Shambhala Training program; and an international association of meditation centers known as Shambhala International. He is the author of numerous books including *Shambhala: The Sacred Path of the Warrior*, *Cutting Through Spiritual Materialism*, and *The Myth of Freedom*.

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