



Practical intuition : how to harness the power of your instinct and make it work for you

By Laura Day

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Gut feeling. Sixth sense. Hunch. No matter what it's called, intuition plays a part in the decisions we make every day. In seminars around the world, Laura Day has taught business people, financial analysts, celebrities, homemakers, doctors, lawyers, and other professionals how to consciously tap this hidden ability. Now, through a step-by-step program, first-person accounts, and real-life examples, Day shows you how to unlock the remarkable power of your mind.

Practical Intuition will help you:

- follow your hunches and control your enthusiasms
- make better investment and business decisions
- "read" other people more accurately
- make more informed decisions about your health
- know whether a partner is right for you
- understand what you really want to do with the rest of your life
- and much more

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Editorial Review

Amazon.com Review

Laura Day, who has been "intuitive"--her word for "psychic"--since youth, here asserts that you, too, can milk your sixth sense for all it's worth. While Day's gift comes naturally to her, she contends that anyone can improve his or her natural intuitive instincts. While you may not win the lottery on your next try, this book may very well help you think more deeply and more clearly, helping you to function at a higher level than before. (Finding your car keys, for example, may not be a half-hour long process anymore.) Your attitude will undoubtedly have a great effect on your degree of success with her program. (If this helps at all, try to remember that Brad Pitt is a devout Day supporter, and James D. Watson, Nobel laureate and co-discoverer of the DNA helix, has endorsed Day's intuitions.) At any rate, the book is filled with plenty of brain-stretching exercises, and who can't use some of those?

From Library Journal

Day, a psychic who prefers to be called an intuitor, claims to have been able to predict the future for most of her life. She now works with clients to help answer questions about their business and personal lives. She also teaches classes to help others use their intuition to advantage. In this book, Day uses anecdotes to illustrate the validity of her own and her students' intuition, and she offers exercises to the reader for learning how to use their intuition. Readers open to the idea of "psychic" abilities will enjoy exploring and enhancing their own intuitive skills. This book is well structured and easy to follow. Nonbelievers will probably not be convinced by Day, but then they probably won't be reading this book anyway. Recommended. ?Elizabeth Caulfield Felt, Washington State Univ. Lib., Pullman
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Review

"Practical Intuition very succinctly and clearly outlines how we can unlock a natural ability that we are all endowed with."

--Deepak Chopra

"Intuition isn't mystical. It's a sort of background sense of how things should work; it's facts hidden in the brain. Intuition is logic. Laura Day guides you step-by-step through a systematic approach to getting in touch with this important faculty."

--Dr. James D. Watson, Nobel Laureate and codiscoverer of DNA

"Laura Day is a remarkable woman with remarkable abilities, but for me, what is most remarkable about her is how she has taught me to believe in myself and my own intuition. . . . By creating a practical format like the one in this book, she teaches everyone to see how intuition works on all levels of our lives, and how we can take back our personal power."

--Demi Moore

Users Review

From reader reviews:

Diane Numbers:

Now a day folks who Living in the era just where everything reachable by match the internet and the resources inside it can be true or not need people to be aware of each information they get. How people have to be smart in getting any information nowadays? Of course the correct answer is reading a book. Reading through a book can help folks out of this uncertainty Information specially this Practical intuition : how to harness the power of your instinct and make it work for you book since this book offers you rich details and knowledge. Of course the data in this book hundred pct guarantees there is no doubt in it you probably know this.

Kent Dennis:

Don't be worry in case you are afraid that this book will probably filled the space in your house, you will get it in e-book way, more simple and reachable. This Practical intuition : how to harness the power of your instinct and make it work for you can give you a lot of good friends because by you considering this one book you have thing that they don't and make anyone more like an interesting person. That book can be one of one step for you to get success. This e-book offer you information that perhaps your friend doesn't know, by knowing more than additional make you to be great individuals. So , why hesitate? Let us have Practical intuition : how to harness the power of your instinct and make it work for you.

Jackie Peters:

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