



Crystal Wands: For Healing, Massage Therapy and Reflexology

By Ewald Kliegel

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Supported by easy-to-understand descriptions and illustrations, this compendium demonstrates the effects and uses of crystal wands as a major therapeutic tool for well-being and good health. From simple-to-perform massages to specialized reflexology uses, the featured techniques depict the multitude of possibilities for using crystal wands in tandem with massage, including specialized programs for beauty, vitality, purification, and relaxation. Different types of crystals are described in detail, along with methods for cleansing and testing them. By focusing on producing stronger, faster, more targeted, and longer-lasting effects, this book will revolutionize the approach to massage for all alternative-health professionals, whether interested in crystal healing, reflexology, acupressure, shiatsu, or chakra balance.

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Editorial Review

About the Author

Ewald Kliegel is a massage therapist and naturopath who specializes in reflexology. He has personally developed a stylized, icon-based method of drawing reflexology systems, which has been adopted all over the world.

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