



# **Integrative Psychotherapy: The Art and Science of Relationship (Skills, Techniques, & Process)**

*By Janet P. Moursund, Richard G. Erskine*

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#### **About the Author**

Janet Moursund is an Associate Professor Emerita, Counseling Psychology Program, University of Oregon. Dr. Moursund has also maintained a private practice in psychotherapy in Eugene, Oregon. She has authored or co-authored several books in the fields of psychotherapy and statistical research in psychology, and is the founder of the Center for Community Counseling in Eugene.

Richard Erskine is Training Director of the Institute for Integrative Psychotherapy in New York City and Kent, Connecticut. He is Visiting Professor of Psychotherapy, University of Derby, UK, and serves on the faculties of several psychotherapy training institutes around the world. He has authored numerous articles on psychotherapy theory and clinical practice.

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